

# What to do if you're stung by a **NORTHERN GIANT HORNET**

## One Sting

### Localized Pain

- Apply ice to sting site
- Take antihistamine
- For pain, take aspirin
- Clean sting site

### Anaphylactic Reaction<sup>1</sup>

- If easily available, immediately inject epinephrine (EpiPen)

**Call 911**

## Multiple Stings<sup>2</sup>

### Localized Pain

- Apply ice to sting sites
- Take antihistamine
- For pain, take aspirin

**See a health care provider promptly**

### Severe or Anaphylactic Reaction<sup>1</sup>

- If easily available, immediately inject epinephrine (EpiPen)

**Call 911**

Northern giant hornet venom can damage the skin surrounding a sting.



*Hornet sting photo: Singh Y, Joshi SC, Saxena SR, Kalil M. Int J Health Allied Sci 2014;3:56-9*

<sup>1</sup> Hives, flushed skin, or paleness. Suddenly feeling too warm. Feeling like you have a lump in your throat or difficulty swallowing. Nausea, vomiting or diarrhea. Abdominal pain. A weak and rapid pulse. Runny nose and sneezing, or swollen tongue or lips.

<sup>2</sup> Deaths from hornet stings are mainly due to anaphylactic shock or cardiac arrest, though rarely there can be failure of kidneys or multiple organs, typically after a relatively large number of stings.



Washington  
State Department of  
Agriculture

Learn more about northern giant hornets at:  
**[agr.wa.gov/hornets](http://agr.wa.gov/hornets)**