



Tilmaamaha U qalanka Dhakhliga The Emergency Food Assistance Program (TEFAP, Dhakhliga Barnaamijka Kaalmada Cuntada Degdeg ah)

Waxay dhaqan galaysaa laga bilaabo Oktoobar 2025 ilaa ogeysiis lagu soo saarayo tilmaamaha cusub ee dakhliga

400% Sabool – Iyada oo ku saleysan dakhliga saafiga ah (canshuurta kadib)

Xajmiga Qoyska	Dakhliga Sanadkii	Dakhliga Bishii	Laba Jeer Dakhliga Bishii	Dakhliga Labadii Todobaadba	Dakhliga Todobaadkii
1	\$62,600	\$5,217	\$2,608	\$2,408	\$1,204
2	\$84,600	\$7,050	\$3,525	\$3,254	\$1,627
3	\$106,600	\$8,883	\$4,442	\$4,100	\$2,050
4	\$128,600	\$10,717	\$5,358	\$4,946	\$2,473
5	\$150,600	\$12,550	\$6,275	\$5,792	\$2,896
6	\$172,600	\$14,383	\$7,192	\$6,638	\$3,319
7	\$194,600	\$16,217	\$8,108	\$7,485	\$3,742
8	\$216,600	\$18,050	\$9,025	\$8,331	\$4,165
Xubin kasta oo qoyska ah oo dheeraad ah, ku dar:	\$22,000	\$1,833	\$917	\$846	\$423

Fiio gaar ah: Marka aad heshid Cuntooyinka Barnaamijka Gargaarka Degdegga ah ee Cuntada (The Emergency Food Assistance Program, TEFAP) ee Waaxda Beeraha Maraykanka (United States Department of Agriculture, USDA), lagama rabo: lambarka aqoonsiga bulshada ama aqoonsi kale, caddaynta muwaadinnimada, xaaladda socdaalka, tirada qoyska, ama dakhli. Si kastaba ha ahaatee, wakaaladu waxay codsan kartaa macluumaad dheeraad ah oo macmiilka ah si loogu isticmaalo barnaamijyada kale.

Iyadoo la raacayo sharciga xuquuqda madaniga ee federaalka iyo xeerarka iyo siyaasadaha xuquuqda madaniga ah ee USDA (Waaxda Beeraha ee Mareykanka, United States Department of Agriculture), USDA, hay'adaha, xafiisyada, shaqaalaha, iyo machadyada ka qayb qaata ama maamula barnaamijyada USDA waxaa laga mamnuucay takoorka ku salaysan: qowmiyad, midab, asal qaran, diin, jinsi, naafo, da'aan, xaalad guur, xaaladda qoyska/waalidka, dakhli laga helo barnaamij gargaar bulsho, aaminsanaanta siyaasadeed, ama aargoosi/ciqaab sabab la xiriirta hawlo xuquuq madani ah hore, barnaamij kasta oo ay USDA qabato ama maalgeliso (ma aha dhammaan saldhigyada in ay khuseeyaan dhammaan barnaamijyada). Daawaynta iyo wakhtiyada kama dambaysta ah ee cabasho gudbinta way ku kala duwan yihiin barnaamijka ama dhacdada.

Dadka naafada ah ee u baahan habab kale oo isgaarsiineed si ay u helaan macluumaadka barnaamijka (tusaale, qoraal Braille, daabacaad weyn, cajalad cod ah, luqadda calaamadaha Mareykanka, iwm.) waa inay la xidhiidhaan hay'adda gobolka ama deegaanka ee barnaamijka maamusha, ama la xidhiidhaan USDA iyagoo adeegsanaya Telecommunications Relay Service lambarka 711 (cod iyo TTY). Intaa waxaa dheer, macluumaadka barnaamijka waxaa lagu heli karaa luqado aan ahayn Ingiriis.

Si aad u gudbiso cabasho takoorka barnaamijka, buuxi Foomka Cabashada Takoorka Barnaamijka USDA, AD-3027, kaas oo laga heli karo internetka Sida Loo Gudbiyo Cabasho Takoorka Barnaamijka iyo xafiis kasta oo USDA ah, ama qor warqad loo dirayo USDA oo aad ku bixiso dhammaan macluumaadka lagu codsaday foomkaas. Si aad u codsato nuqul foomka cabashada, wac (866) 632-9992. U gudbi foomkaaga buuxa ama warqadda USDA adigoo adeegsanaya:

Boostada: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW, Mail Stop 9410
Washington, D.C. 20250-9410

Fakis: (202) 690-7442
limeel: program.intake@usda.gov

USDA waa bixiye, shaqo-bixiye, iyo amaah-bixiye fursad siman.