

Granola Crunch Breakfast Smoothie

Recipe Category: Breakfast Main Dish

Ingredients	8 Servings		100 Servings		300 Servings		Directions / HACCP
	Weight	Measure	Weight	Measure	Weight	Measure	
Granola		4 cups					Combine granola, banana, milk and honey in a blender until smooth. Once smooth, add ice and blend until silky smooth. Pour into cups. Keep refrigerated until serving time.
Banana, ripe 150 count		8 each					
Milk, fat free		8 cups					
Honey		1 cup					
Ice		4 cups					
CCP: Hold at 41 degrees F or lower for cold service.							

Serving (portion size)	Yield per # of Servings	Volume per # of Servings
1 cup/8 ounces		

Meal Pattern Contribution			
Meat/Meat Alternate	Grains	Milk	Fruits
0	0 – do not contribute to meal pattern in smoothies	1	½ cup

Nutrient Analysis (optional)	
Calories: 567	Saturated Fat: .89 grams Sodium: 231.98 mg