Taste Washington Day

October 7, 2020

Cucumber

LOCAL ★ FRESH ★ DELICIOUS

Tzatziki Sauce

Ingredients:

1 ½ cups plain greek yogurt
½ clove garlic
1 medium cucumber
½ Tablespoon fresh dill
Juice from ½ of a lemon
Pinch of black pepper

Directions:

- Peel and seed cucumbers. Cut into small chunks.
- Place garlic, dill, lemon juice, pepper, and cucumbers in a food processor. Puree until well blended.
- Stir cucumber and herb puree into greek yogurt. Serve with Greek Turkey Pita (below).

Greek Turkey Pita Ingredients:

2 pieces of whole wheat pita bread
2 cups fresh baby spinach
1 pound sliced turkey

Directions:

- Cut pitas in half
- Make Tzatziki (above)
- Fill pita with ½ cup spinach and ¼ lb sliced turkey, about 2-3 slices.
- Serve with 1 Tablespoon of Tzatziki sauce for dipping (you will have extra tzatziki).

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