

WASHINGTON SCHOOLS MOST FREQUENTLY PURCHASED FRUITS & VEGETABLES



Vegetables schools are interested in purchasing locally

	% of schools
1. Carrots	54%
2. Lettuce	52%
3. Broccoli	51%
4. Cucumber	49%
5. Tomatoes	48%
6. Salad mix	45%
7. Cauliflower	41%
8. Peppers	41%
9. Celery	40%
10. Onions	40%
11. Potatoes	40%
12. Beans (green)	35%
13. Corn	34%
14. Peas (fresh)	34%
15. Cabbage	32%



Fruits schools are interested in purchasing locally

	% of schools
1. Apples	52%
2. Strawberries	50%
3. Watermelon	49%
4. Grapes	48%
5. Pears	48%
6. Blueberries	45%
7. Melon	41%
8. Peaches	40%
9. Plums	39%
10. Kiwis	37%

Most purchased “minimally processed” fruits & vegetables

	Type of product
1. Lettuce	Shredded, Chopped
2. Broccoli	Fresh florets, Frozen
3. Carrots	Sticks, Coins, Shreds
4. Salad Mix	
5. Apples	Sliced, bulk , single-serve
6. Corn	Kernels, frozen
7. Peas	Shelled, frozen
8. Strawberries	Rinsed, IQF
9. Cauliflower	Florets, fresh or frozen
10. Blueberries	Rinsed, IQF



Most purchased whole produce items

	% of schools
1. Apples	88%
2. Broccoli	57%
3. Carrots	54%
4. Cucumbers	37%
5. Potatoes	34%
6. Lettuce	33%
7. Pears	33%
8. Grapes	32%
9. Strawberries	30%
10. Tomatoes	28%
11. Melon	24%
12. Cauliflower	24%
13. Celery	21%



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*Lists all based on Farm to School WSDA Survey Findings – University of Washington NUTR 531. March 2012.

