Taste Washington Day
October 6, 2021

Cucumber

LOCAL FRESH DELICIOUS
Tzatziki Sauce

**Ingredients:**
- 1 ½ cups plain greek yogurt
- ½ clove garlic
- 1 medium cucumber
- ½ Tablespoon fresh dill
- Juice from ½ of a lemon
- Pinch of black pepper

**Directions:**
- Peel and seed cucumbers. Cut into small chunks.
- Place garlic, dill, lemon juice, pepper, and cucumbers in a food processor. Puree until well blended.
- Stir cucumber and herb puree into greek yogurt. Serve with Greek Turkey Pita (below).

**Greek Turkey Pita Ingredients:**
- 2 pieces of whole wheat pita bread
- 2 cups fresh baby spinach
- 1 pound sliced turkey

**Directions:**
- Cut pitas in half
- Make Tzatziki (above)
- Fill pita with ½ cup spinach and ¼ lb sliced turkey, about 2-3 slices.
- Serve with 1 Tablespoon of Tzatziki sauce for dipping (you will have extra tzatziki).